

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

JUNE 2018

Harmony Square

The Crossings at Harbour View – 5871 Harbor View Blvd, Suffolk, VA 23435

<p>10:00 Sunday Devotion (Catholic) (AT1) 3 11:00 Chicken Soup Stories 1:00 Patio Time 2:00 Relax by coloring 3:00 Puzzles & Games 3:30 Methodist Service & Communion (AT2) 6:30 Movie Night</p>	<p style="text-align: center;">Cheesy Day 4</p> <p>10:00 Walking Club 10:30 Movin" & Groovin" 11:00 Short Stories 1:30 Cheese Tasting 2:30 Balloon Volleyball 3:00 Tending to the Garden 3:30 One to One 4:30 Reminiscing 6:30 Puzzles & Games</p>	<p style="text-align: center;">5</p> <p>10:00 Tool Time Detective 11:30 Short Stories 1:00 Patio Talks 1:30 Dominos 2:30 Mindful Exercise 3:30 One to One 4:00 Happy Hour (PU) 6:30 TV Time</p>	<p style="text-align: center;">Drive in Movie Day 6</p> <p>10:00 Movin" & Groovin" 10:30 Trivia 11:00 Sing-A-Long 1:30 Movie Matinee (TH) 3:00 Table Hockey 4:00 One to One 4:30 Ring Toss 6:30 Reminiscing on the Patio (P)</p>	<p style="text-align: center;">7</p> <p>10:00 Zumba with Tina 10:00 Parachute Game 11:00 Word Games 1:00 Patio Chats 1:30 Balloon Swat 2:30 Word Games 4:00 Happy Hour (PU) 6:30 Singing 4 God's Sake</p>	<p>10:00 Movin" & Groovin" 1 10:30 Reminiscing 11:00 Bowling 1:00 Patio Time 1:30 Bingo 3:00 What's on the Tray 3:30 One to One 4:00 Color my World 6:30 Puzzles & games</p>	<p style="text-align: center;">2</p> <p>10:00 Morning Stretch 11:00 Ball Toss 1:00 Bingo 2:30 Matching & Sorting 3:30 Dominos 4:30 Word Games 6:30 Lawrence Welk PBS Ch #3</p>
<p>10:00 Sunday Devotion (Catholic) (AT1) 10 11:00 Chicken Soup Stories 1:00 Ball Toss 2:00 Relax by coloring 2:00 Baptist Service & communion (AT2) 3:00 Puzzles & Games 6:30 Movie Night</p>	<p style="text-align: center;">King Kamehameha Day 11</p> <p>10:00 Parachute Game 11:00 Short Stories (P) 1:30 Corn Hole 2:30 Singing on the Patio 3:30 One to One 4:30 Music Hour 6:30 Bingo</p>	<p style="text-align: center;">PB Cookie Day 12</p> <p>10:00 Cooking: No Bake PB Pretzel Cookies 11:00 Manicure Spa 1:00 Patio Talks 1:30 Bingo 3:00 One to One 4:00 Happy Hour (PU) 6:30 TV Time</p>	<p style="text-align: center;">13</p> <p>10:00 Movin" & Groovin" 10:30 Brain Games 1:30 Ring Toss 2:30 Indoor Fishing 3:30 One to One 4:00 Color my World 6:30 Reminiscing on the Patio</p>	<p style="text-align: center;">14</p> <p>10:00 Outing: O' Doodle Doo's (WP) 10:00 Parachute Game 1:30 Basketball 2:30 Word Games 3:30 One to One 4:00 Happy Hour (PU) 6:30 Puzzles & Games <small>Flag Day (US)</small></p>	<p>10:00 Movin" & Groovin" 15 10:30 Reminiscing 11:00 Bowling 1:00 Patio Time 1:30 Father's Day Celebration (AT1) RSVP @ Concierge Desk 2:30 Short Stories 3:30 One to One 4:00 Color my World 6:30 Puzzles & games</p>	<p style="text-align: center;">16</p> <p>10:00 Morning Stretch 11:00 Ball Toss 1:00 Bingo 2:30 Matching & Sorting 3:30 Dominos 4:00 Virginia Coast Chorus (AT1) 4:30 Word Games 6:30 Lawrence Welk PBS Ch #3</p>
<p style="text-align: center;">Father's Day 17</p> <p>10:00 Catholic Devotion (AT1) 11:00 Chicken Soup Stories 1:30 Ball Toss 2:30 Piano music 3:30 Bingo 4:00 Puzzles & Games 6:30 Movie Night 6:30 New Creation (AT2) Methodist Church Service <small>Father's Day</small></p>	<p style="text-align: center;">18</p> <p>10:00 Walking Club 10:30 Movin" & Groovin" 11:00 Short Stories (P) 1:30 Balloon Volleyball 2:30 Color my World 3:30 One to One 4:30 Reminiscing 6:30 Puzzles & Games</p>	<p style="text-align: center;">Hershey's Holiday 19</p> <p>10:00 Cooking: Chocolate Dipped Fruit 11:00 Dominos 1:00 Patio Talks 1:30 Short Stories 2:30 Foot Spa 3:30 One to One 4:00 Happy Hour (PU) 6:30 TV Time</p>	<p style="text-align: center;">Roses Day 20</p> <p>10:00 Movin" & Groovin" 10:30 Sing a Long 11:00 Craft: Paper Roses 1:30 Trivia 2:00 Mahalo Happy Hour Polynesian Paradise Performers 3:30 Indoor Fishing 4:00 One to One 6:30 Reminiscing (P) <small>Summer Begins</small></p>	<p>10:00 Zumba with Tina (AT2) 21 10:00 Parachute Game 11:00 Dominos 1:00 Patio Chats 1:30 Balloon Swat 2:30 Word Games 3:30 One to One 4:00 Happy Hour (PU) 6:30 Puzzles & Games</p>	<p>10:00 Movin" & Groovin" 22 10:30 Bingo 1:00 Patio Time 1:30 Bowling 2:30 Short Stories 3:30 One to One 4:00 Color my World 6:30 Puzzles & games</p>	<p style="text-align: center;">23</p> <p>10:00 Morning Stretch 11:00 Karaoke 1:00 Patio Chats 1:00 Hair by Salena 3:30 Dominos 4:30 Word Games 6:30 Dick Meeker & Patti Triplett Concert (AT1)</p>
<p>10:00 Catholic Devotion (AT1) 24 11:00 Chicken Soup Stories 1:00 Ball Toss 2:00 Girl Scout Visit 4:00 Puzzles & games 6:30 Movie Night</p>	<p style="text-align: center;">25</p> <p>10:00 Parachute Game 11:00 Craft: Squirt Gun Painting 1:30 Brain Games 2:30 Corn Hole 3:30 One to One 4:30 Music Hour 6:30 Bingo</p>	<p>10:00 Manicure Spa 11:30 Short Stories 1:00 Patio Talks 1:30 Hand Massage 2:30 Chair Yoga w/ Anisa 3:30 One to One 4:00 Happy Hour (PU) 6:30 TV Time</p>	<p style="text-align: center;">27</p> <p>10:00 Movin" & Groovin" 10:30 Basketball 1:30 Bingo 3:00 Table Hockey 3:30 One to One 4:00 Ring Toss 6:30 Reminiscing on the Patio</p>	<p style="text-align: center;">Happy Birthday Dorothy & Harold 28</p> <p>10:00 Outing: Sleepy Hole Park Butterfly Garden 10:00 Parachute Game 1:00 Word Games 2:00 Movie Matinee (TH) 3:30 One to One 4:00 Happy Hour (PU) 6:30 Puzzles & Games</p>	<p>10:00 Movin" & Groovin" 29 10:30 Bingo 1:00 Patio Time 1:30 Cooking: Lemon Cookies 2:30 Bowling 3:30 One to One 4:00 Color my World 6:30 Puzzles & games</p>	<p style="text-align: center;">30</p> <p>10:00 Morning Stretch 11:00 Ball Toss 1:00 Bingo 2:30 Matching & Sorting 3:30 Dominos 4:30 Word Games 6:30 Lawrence Welk PBS Ch #3</p>

All activities run for a minimum of 30 minutes and are subject to change. Guided activities are provided throughout the day in addition to those listed on the calendar. Snacks are provided daily at 10:00 am, 2:00 pm, and 7pm. **Location Key:** (AT1)= 1st floor Activity Rm, (AT2)= 2nd floor Activity Rm, (TH)= Theater, (P)= HS Patio, (PU)= Pub, (D)= James River Dining Rm, (B)= Bistro, (WP)= Weather Permitting

