

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**Location Key & other information.**  
**Please check the Daily Sheets for any updates**  
**AT1-Activity Rm 1st Floor**  
**AT2-Activity Rm 2nd Floor**  
**B-Bistro (\$) Additional Cost**  
**CY-Courtyard (TH) Theater**  
**DR-James River Dining Rm**

# June 2018

## Independent Living

<p>10:30 Church of the (AT1) Resurrection Catholic Service &amp; Communion</p> <p>3:30 Methodist Church (AT2) Service and Communion With Pastor Shappell</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Mahjongg (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>11:00 Morning Trivia (AT1)</p> <p><b>1:00 Grocery Run: Harris Teeter (\$)</b></p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:00 Left, Right, Center (AT1)</p> <p><b>3:00 Piano Concert with Music Staff (AT2)</b></p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Ball &amp; Band Fitness (AT1)</p> <p>11:00 Current Events Discussion (L)</p> <p>1:30 Card Making with Linda (AT1) (\$)</p> <p>2:00 Caregiver's Support Group(L)</p> <p>4:00 Happy Hour with Barbara Blair (PU)</p> <p>6:30 Bible Study with David Hoy (AT1)</p>	<p>10:00 Chair Yoga with Mary (AT1)</p> <p><b>11:00 OUTING: Smithfield Ice Cream Parlor (\$)</b></p> <p>2:00 Billiards (3rd Fl.)</p> <p>6:30 Poker (PU)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Zumba with Tina (AT1)</p> <p>10:30 Town Hall Meeting (TH)</p> <p>1:00 St. Christopher's Epis. Ch. Communion &amp; Service (AT1)</p> <p>2:00 Craft Class:Rock Painting (AT2)</p> <p>4:00 Happy Hour with Bob (PU)</p> <p>6:30 Mexican Train (AT1)</p> <p>6:30 Jackson Mem. Baptist-Service &amp; Communion (AT2)</p>	<p>10:00 Hand &amp; Foot (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>1:00 Complimentary Manicures (AT1)</p> <p>2:00 Walking Group (AT1)</p> <p>3:00 Quarters BINGO (\$) (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>6:30 Mexican Train (AT1)</p>
<p>10:30 Church of the (AT1) Resurrection Catholic Service &amp; Communion</p> <p>2:00 Baptist Church (AT2) Service and Communion with Rev. Terry Taylor</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Mahjongg (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>11:00 Morning Trivia (AT1)</p> <p><b>1:00 Grocery Run: Walmart (\$)</b></p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:00 Left, Right, Center (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>9:30 – 1:30 AARP Driver Safety Class-Must Sign Up</p> <p>10:00 Ball &amp; Band Fitness (AT1)</p> <p>11:00 Current Events Discussion (L)</p> <p>1:30 Card Making with Linda(AT1) (\$)</p> <p><b>4:00 Happy Hour with Harvey Willis (PU)</b></p> <p>6:30 Bible Study with David Hoy (AT1)</p>	<p>9:30 – 1:30 AARP Driver Safety Class-Must Sign Up</p> <p>10:00 Chair Yoga with Mary (AT1)</p> <p><b>11:00 JULIETS OUTING:Nordstrom Café</b></p> <p>2:00 Billiards (3rd Fl.)</p> <p>3:00 Balance with Genesis (AT1)</p> <p>3:30 Act. Planning Committee (L)</p> <p>6:30 Poker (PU)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Zumba with Tina (AT1)</p> <p>11:00 Building &amp;Grounds. Committee Mtg. PU</p> <p>11:00 Complimentary Manicures(AT1)</p> <p><b>2:00 Craft Class: Father's Day Craft-Crazy Ties! (AT2)</b></p> <p>2:00 Dining Committee (PU)</p> <p>4:00 Happy Hour with Bob (PU)</p> <p>6:30 Mexican Train (AT1)</p> <p style="text-align: right;"><small>Flag Day (US)</small></p>	<p>10:00 Hand &amp; Foot (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p><b>1:30 Father's Day Celebration! (AT1) RSVP @ Concierge Desk</b></p> <p>3:00 Quarters BINGO (\$) (AT2)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>2:00 Opera: Puccini's "Tosca"(TH)</p> <p><b>4:00 Va. Coast Chorus Concert: Barbershop Style (AT1)</b></p> <p>6:30 Mexican Train (AT1)</p>
<p>10:30 Church of the (AT1) Resurrection Catholic Service &amp; Communion</p> <p>6:30 New Creation Methodist Church Service (AT2)</p> <p>7:00 Evening Movie (TH)</p> <p style="text-align: center;"><small>Father's Day</small></p>	<p>10:00 Mahjongg (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>11:00 Morning Trivia (AT1)</p> <p><b>1:00 Grocery Run: Harris Teeter (\$)</b></p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:00 Left, Right, Center (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Ball &amp; Band Fitness (AT1)</p> <p>11:00 Current Events Discussion (L)</p> <p><b>4:00 Happy Hour with The Lyrics! (PU)</b></p> <p>6:30 Bible Study with (AT1) David Hoy</p>	<p>10:00 Chair Yoga with Mary (AT1)</p> <p><b>11:00 Outing: ROMEO's: Lunch @ Gianni's</b></p> <p><b>2:00 Mahalo Happy Hour with Polynesian Paradise Performers! (DR)</b></p> <p>6:30 Poker (PU)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Zumba with Tina (AT1)</p> <p>11:00 Word Games (AT1)</p> <p><b>2:00 Craft Class: Sea Shell Jewelry Holder (AT2)</b></p> <p>4:00 Happy Hour with Bob! (PU)</p> <p>6:30 Mexican Train (AT1)</p> <p style="text-align: right;"><small>Summer Begins</small></p>	<p>10:00 Hand &amp; Foot (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>1:00 Complimentary (AT1) Manicures</p> <p>3:00 Quarters BINGO (\$) (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p><b>6:30 Dick Meeker &amp; Patti Triplett Concert! (AT1)</b></p> <p>6:30 Mexican Train (AT2)</p>
<p>10:30 Church of the (AT1) Resurrection Catholic Service &amp; Communion</p> <p>3:00 Bible Study with Rev. Kenny Matthews (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Mahjongg (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>11:00 Morning Trivia (AT1)</p> <p><b>1:00 Grocery Run: Harris Teeter (\$)</b></p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:00 Left, Right, Center (AT1)</p> <p>7:00 Evening Movie</p>	<p>10:00 Ball &amp; Band Fitness (AT1)</p> <p>11:00 Current Events Discussion (L)</p> <p><b>4:00 Happy Hour with Lyle &amp; Linda Dowling! (PU)</b></p> <p>6:30 Bible Study with David Hoy (AT1)</p>	<p>10:00 Fitness with Lisa (AT1)</p> <p><b>11:00 Outing: Mystery Lunch: (\$) Watch for Clues!</b></p> <p>11:00 Gardening (AT1)</p> <p>2:00 Billiards (3rd Fl.)</p> <p>3:00 Balance with Genesis (AT1)</p> <p><b>3:00 Resident Birthday Social (PU)</b></p> <p>6:30 Poker (PU)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Zumba with Tina (AT1)</p> <p>11:00 Word Games(AT1)</p> <p><b>2:00 Craft: Patriotic Wreath Making (AT2)</b></p> <p>4:00 Happy Hour with Bob! (PU)</p> <p>6:30 Mexican Train (AT1)</p>	<p>10:00 Hand &amp; Foot (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>1:00 Complimentary (AT1) Manicures</p> <p>3:00 Quarters BINGO (\$) (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>6:30 Mexican Train (AT1)</p>