

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Location Key & other information.
Please check the Daily Sheets for any updates
AT1-Activity Rm 1st Floor
AT2-Activity Rm 2nd Floor
B-Bistro (\$) Additional Cost
CY-Courtyard (TH) Theater
DR-James River Dining Rm

June 2018

Independent Living



<p>10:30 Church of the (AT1) Resurrection Catholic Service & Communion</p> <p>3:30 Methodist Church (AT2) Service and Communion With Pastor Shappell</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Mahjongg (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>11:00 Morning Trivia (AT1)</p> <p>1:00 Grocery Run: Harris Teeter (\$)</p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:00 Left, Right, Center (AT1)</p> <p>3:00 Piano Concert with Music Staff (AT2)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Ball & Band Fitness (AT1)</p> <p>11:00 Current Events Discussion (L)</p> <p>1:30 Card Making with Linda (AT1) (\$)</p> <p>2:00 Caregiver's Support Group(L)</p> <p>4:00 Happy Hour with Barbara Blair (PU)</p> <p>6:30 Bible Study with David Hoy (AT1)</p>	<p>10:00 Chair Yoga with Mary (AT1)</p> <p>11:00 OUTING: Smithfield Ice Cream Parlor (\$)</p> <p>2:00 Billiards (3rd Fl.)</p> <p>6:30 Poker (PU)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Zumba with Tina (AT1)</p> <p>10:30 Town Hall Meeting (TH)</p> <p>1:00 St. Christopher's Epis. Ch. Communion & Service (AT1)</p> <p>2:00 Craft Class:Rock Painting (AT2)</p> <p>4:00 Happy Hour with Bob (PU)</p> <p>6:30 Mexican Train (AT1)</p> <p>6:30 Jackson Mem. Baptist-Service & Communion (AT2)</p>	<p>10:00 Hand & Foot (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>1:00 Complimentary Manicures (AT1)</p> <p>2:00 Walking Group (AT1)</p> <p>3:00 Quarters BINGO (\$) (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>6:30 Mexican Train (AT1)</p>
<p>10:30 Church of the (AT1) Resurrection Catholic Service & Communion</p> <p>2:00 Baptist Church (AT2) Service and Communion with Rev. Terry Taylor</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Mahjongg (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>11:00 Morning Trivia (AT1)</p> <p>1:00 Grocery Run: Walmart (\$)</p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:00 Left, Right, Center (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>9:30 – 1:30 AARP Driver Safety Class-Must Sign Up</p> <p>10:00 Ball & Band Fitness (AT1)</p> <p>11:00 Current Events Discussion (L)</p> <p>1:30 Card Making with Linda(AT1) (\$)</p> <p>4:00 Happy Hour with Harvey Willis (PU)</p> <p>6:30 Bible Study with David Hoy (AT1)</p>	<p>9:30 – 1:30 AARP Driver Safety Class-Must Sign Up</p> <p>10:00 Chair Yoga with Mary (AT1)</p> <p>11:00 JULIETS OUTING:Nordstrom Café</p> <p>2:00 Billiards (3rd Fl.)</p> <p>3:00 Balance with Genesis (AT1)</p> <p>3:30 Act. Planning Committee (L)</p> <p>6:30 Poker (PU)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Zumba with Tina (AT1)</p> <p>11:00 Building &Grounds. Committee Mtg. PU</p> <p>11:00 Complimentary Manicures(AT1)</p> <p>2:00 Craft Class: Father's Day Craft-Crazy Ties! (AT2)</p> <p>2:00 Dining Committee (PU)</p> <p>4:00 Happy Hour with Bob (PU)</p> <p>6:30 Mexican Train (AT1)</p> <p style="text-align: right;">Flag Day (US)</p>	<p>10:00 Hand & Foot (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>1:30 Father's Day Celebration! (AT1) RSVP @ Concierge Desk</p> <p>3:00 Quarters BINGO (\$) (AT2)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>2:00 Opera: Puccini's "Tosca"(TH)</p> <p>4:00 Va. Coast Chorus Concert: Barbershop Style (AT1)</p> <p>6:30 Mexican Train (AT1)</p>
<p>10:30 Church of the (AT1) Resurrection Catholic Service & Communion</p> <p>6:30 New Creation Methodist Church Service (AT2)</p> <p>7:00 Evening Movie (TH)</p> <p style="text-align: right;">Father's Day</p>	<p>10:00 Mahjongg (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>11:00 Morning Trivia (AT1)</p> <p>1:00 Grocery Run: Harris Teeter (\$)</p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:00 Left, Right, Center (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Ball & Band Fitness (AT1)</p> <p>11:00 Current Events Discussion (L)</p> <p>4:00 Happy Hour with The Lyrics! (PU)</p> <p>6:30 Bible Study with (AT1) David Hoy</p>	<p>10:00 Chair Yoga with Mary (AT1)</p> <p>11:00 Outing: ROMEO's: Lunch @ Gianni's</p> <p>2:00 Mahalo Happy Hour with Polynesian Paradise Performers! (DR)</p> <p>6:30 Poker (PU)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Zumba with Tina (AT1)</p> <p>11:00 Word Games (AT1)</p> <p>2:00 Craft Class: Sea Shell Jewelry Holder (AT2)</p> <p>4:00 Happy Hour with Bob! (PU)</p> <p>6:30 Mexican Train (AT1)</p> <p style="text-align: right;">Summer Begins</p>	<p>10:00 Hand & Foot (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>1:00 Complimentary (AT1) Manicures</p> <p>3:00 Quarters BINGO (\$) (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>6:30 Dick Meeker & Patti Triplett Concert! (AT1)</p> <p>6:30 Mexican Train (AT2)</p>
<p>10:30 Church of the (AT1) Resurrection Catholic Service & Communion</p> <p>3:00 Bible Study with Rev. Kenny Matthews (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Mahjongg (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>11:00 Morning Trivia (AT1)</p> <p>1:00 Grocery Run: Harris Teeter (\$)</p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:00 Left, Right, Center (AT1)</p> <p>7:00 Evening Movie</p>	<p>10:00 Ball & Band Fitness (AT1)</p> <p>11:00 Current Events Discussion (L)</p> <p>4:00 Happy Hour with Lyle & Linda Dowling! (PU)</p> <p>6:30 Bible Study with David Hoy (AT1)</p>	<p>10:00 Fitness with Lisa (AT1)</p> <p>11:00 Outing: Mystery Lunch: (\$) Watch for Clues!</p> <p>11:00 Gardening (AT1)</p> <p>2:00 Billiards (3rd Fl.)</p> <p>3:00 Balance with Genesis (AT1)</p> <p>3:00 Resident Birthday Social (PU)</p> <p>6:30 Poker (PU)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Zumba with Tina (AT1)</p> <p>11:00 Word Games(AT1)</p> <p>2:00 Craft: Patriotic Wreath Making (AT2)</p> <p>4:00 Happy Hour with Bob! (PU)</p> <p>6:30 Mexican Train (AT1)</p>	<p>10:00 Hand & Foot (PU)</p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>1:00 Complimentary (AT1) Manicures</p> <p>3:00 Quarters BINGO (\$) (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>6:30 Mexican Train (AT1)</p>