


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p><b>1</b></p> <p>10:30 Church of the (AT1) Resurrection Catholic Service &amp; Communion</p> <p>3:30 Methodist Church (AT2) Service and Communion with Pastor Shappell</p> <p>7:00 Evening Movie (TH)</p> <p>Canada Day</p>	<p><b>2</b></p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>10:45 The Singing Beez! (AT2)</p> <p>1:00 Trivia Challenge (AT1)</p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:15 Vitamin D Lounge (CY)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>3</b></p> <p>10:00 Ball &amp; Band Fitness (AT1)</p> <p>10:45 You Be The Judge (AT1)</p> <p>2:30 Prize Bingo (AT2)</p> <p><b>4:00 Happy Hr. with Harvey Willis (PU)</b></p> <p><b>5:00 Outing: Texas Roadhouse (\$)</b></p> <p>6:30 Evening Movie (TH)</p>	<p><b>4</b></p> <p>10:00 Fitness Class (AT1)</p> <p>10:45 USA Trivia</p> <p><b>1:30 Old Fashioned Fun &amp; Games &amp; Sing Along! (AT1)</b></p> <p>6:30 Poker (PU)</p> <p>7:00 Evening Movie (TH)</p> <p>Independence Day</p>	<p><b>5</b></p> <p>10:00 Zumba with Tina (AT1)</p> <p>1:00 St. Christopher's Epis. Ch. Service &amp; Communion (AT1)</p> <p>2:00 Craft Class: Tile Art (AT2)</p> <p>4:00 Happy Hour with Bob (PU)</p> <p>6:30 Bistro Chats (B)</p> <p>6:30 Jackson Memorial Baptist Ch. Service &amp; Communion (AT2)</p>	<p><b>6</b></p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>10:45 Grocery Run: HarrisTeeter (\$)</p> <p>1:00 Complimentary Manicures (AT1)</p> <p>3:00 Quarters Bingo (\$) (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>7</b></p> <p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>6:30 Current Events (B)</p>	
<p><b>8</b></p> <p>10:30 Church of the (AT1) Resurrection Catholic Service &amp; Communion</p> <p>2:00 Baptist Church (AT2) Service and Communion With Pastor Terry Taylor</p> <p>7:00 Evening Movie (TH)</p>	<p><b>9</b></p> <p>10:00 Sittercise with Lisa (AT1)</p> <p>1:00 Trivia Challenge (AT1)</p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:15 Vitamin D Lounge &amp; Brain Games (CY)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>10</b></p> <p>10:00 Ball &amp; Band Fitness (AT1)</p> <p><b>11:00 Outing: Dollar Tree &amp; Lunch @ Panera (\$)</b></p> <p>2:00 Welcome Committee Mtg. (AT1)</p> <p>2:30 Prize Bingo (AT2)</p> <p><b>4:00 Happy Hour with Steve Daley (PU)</b></p> <p>6:30 Bible Study with David Hoy (AT1)</p>	<p><b>11</b></p> <p>10:00 Fitness Class (AT1)</p> <p><b>2:00 Resident Council Meeting (AT2)</b></p> <p>3:00 Balance with Genesis (AT1)</p> <p>6:30 Bible Study with David Hoy (AT1)</p>	<p><b>12</b></p> <p>10:00 Zumba with Tina (AT1)</p> <p>2:00 Dining Committee Mtg. (PU)</p> <p>2:00 Craft Class: Jewelry Making(AT2)</p> <p>4:00 Happy Hour with Bob (PU)</p> <p>6:30 Bistro Chats (B)</p> <p><b>6:30 OUTING: Tidewater Winds Concert</b></p>	<p><b>13</b></p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>10:45 Grocery Run: Kroger (\$)</p> <p><b>11:00 Keeping it Clean with Oral Hygiene with Genesis (Lobby)</b></p> <p>1:00 Complimentary Manicures(AT1)</p> <p><b>1:45 Dental Health for Seniors with Dr. Bowman (AT2)</b></p> <p>3:00 Quarters BINGO (\$) (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>14</b></p> <p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>6:30 Current Events (B)</p>	
<p><b>15</b></p> <p>10:30 Church of the (AT1) Resurrection Catholic Service &amp; Communion</p> <p>6:30 New Creation Methodist Church Service (AT2)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>16</b></p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>1:00 Trivia Challenge (AT1)</p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:15 Vitamin D Lounge &amp; Brain Games (CY)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>17</b></p> <p>10:00 Ball &amp; Band Fitness (AT1)</p> <p><b>11:00 Outing: Kohl's &amp; Lunch @ Zoe's Kitchen (\$)</b></p> <p>2:30 Prize Bingo (AT2)</p> <p><b>4:00 Happy Hour with Barbara Blair (PU)</b></p> <p>6:30 Bible Study with David Hoy (AT1)</p>	<p><b>18</b></p> <p>10:00 Fitness Class (AT1)</p> <p>10:30 Sing Along with Harmony</p> <p>6:30 Poker (PU)</p>	<p><b>19</b></p> <p><b>IGC Jewelers 10-4 (PU)</b></p> <p>10:00 Zumba with Tina(AT1)</p> <p>11:00 Word Games (AT1)</p> <p>11:00 Building &amp; Grounds Committee Mtg. (PU)</p> <p>1:15 20 Questions! (AT2)</p> <p>2:00 Dining Committee Meeting (PU)</p> <p>2:00 Craft Class: Picture Frame Jewelry Organizer (AT2)</p> <p><b>4:00 Happy Hour with Chuck Moebus! (PU)</b></p> <p>6:30 Bistro Chat (B)</p>	<p><b>20</b></p> <p><b>1:00-3:30- Free Hearing Screenings with Connect Hearing (4<sup>th</sup> Fl. Conf. Rm.)</b></p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>10:45 Grocery Run (\$) Harris Teeter</p> <p>1:00 Complimentary Manicures (AT1)</p> <p>3:00 Quarters BINGO (\$) (AT2)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>21</b></p> <p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>2:00 Opera: Andrea Bocelli "Under the Desert Sky" (TH)</p> <p>6:30 Current Events (B)</p>	
<p><b>22</b></p> <p>10:30 Church of the (AT1) Resurrection Catholic Service &amp; Communion</p> <p>3:00 Bible Study with Rev. Kenny Matthews (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>23</b></p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>1:00 Trivia Challenge (AT1)</p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:15 Vitamin D Lounge &amp; Brain Games (CY)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>24</b></p> <p>10:00 Ball &amp; Band Fitness (AT1)</p> <p><b>11:00 Outing: Buck Roe Beach &amp; Lunch @ Surf Rider (\$)</b></p> <p><b>1:30 Piano with Carol! (AT2)</b></p> <p>2:30 Prize Bingo (AT2)</p> <p>4:00 Happy Hour Recorded Music</p> <p><b>6:30 Music Party with James Curry! (PU)</b></p>	<p><b>25</b></p> <p>10:00 Fitness Class (AT1)</p> <p>11:00 St. John's Epis. Ch. (AT2)</p> <p><b>3:00 Resident Birthday Root Beer Float Social! (PU)</b></p> <p>3:00 Balance with Genesis (AT1)</p> <p>6:30 Poker (PU)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>26</b></p> <p>10:00 Zumba with Tina (AT1)</p> <p>2:00 Piano Music &amp; Sing Along! (AT2)</p> <p>4:00 Happy Hour with Bob (PU)</p> <p>6:30 Bistro Chat (B)</p>	<p><b>27</b></p> <p>10:00 Sittercise (AT1)</p> <p>10:45 Grocery Run: Walmart (\$)</p> <p>1:00 Complimentary (AT1) Manicures</p> <p>3:00 Quarters BINGO (\$) (AT1)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>28</b></p> <p>10:00 Chair Yoga DVD (AT1)</p> <p>2:00 Table Tennis (AT1)</p> <p>2:00 Movie Matinee (TH)</p>	
<p><b>29</b></p> <p>10:30 Church of the (AT1) Resurrection Catholic Service &amp; Communion</p> <p>7:00 Evening Movie (TH)</p>	<p><b>30</b></p> <p>10:00 Sittercise with Anisa (AT1)</p> <p>1:00 Trivia Challenge (AT1)</p> <p>2:00 Quarters BINGO (\$) (AT1)</p> <p>3:15 Vitamin D Lounge &amp; Brain Games (CY)</p> <p>7:00 Evening Movie (TH)</p>	<p><b>31</b></p> <p>10:00 Ball &amp; Band Fitness (AT1)</p> <p><b>11:00 Outing: Lunch @ Gianni's (\$)</b></p> <p>2:30 Prize Bingo (AT2)</p> <p><b>4:00 Happy Hour with Eddie Sal! (PU)</b></p> <p>6:30 Bible Study with David Hoy (AT1)</p>	<p><b>Location Key &amp; Other Information</b></p> <p>AT- 1 Activity Room 1<sup>st</sup> Floor</p> <p>AT- 2 Activity Room 2<sup>nd</sup> Floor</p> <p>B- Bistro</p> <p>L- Library</p> <p>TH – Theater</p> <p>DR – Main Dining Room</p> <p>PU – Pub \$ Additional Cost</p> <p>CY – Outdoor Courtyard</p> <p>HS – Harmony Square</p>			 <p><b>July 2018</b></p> <p><b>Assisted Living</b></p>	