


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> 10:30 Church of the (AT1) Resurrection Catholic Service & Communion 3:30 Methodist Church (AT2) Service and Communion With Pastor Shappell 7:00 Evening Movie (TH) Canada Day	<b>2</b> 10:00 Mahjongg (PU) 10:00 Sittercise with Anisa (AT1) <b>10:45 Grocery Run:HarrisTeeter(\$)</b> 10:45 The Singing Beez (AT2) 1:00 Trivia Challenge (AT2) 2:00 Quarters BINGO (\$) (AT1) 3:00 Left, Right, Center (AT1) 7:00 Evening Movie (TH)	<b>3</b> 10:00 Ball & Band Fitness (AT1) 11:00 Current Events Discussion (L) 1:30 Card Making with Linda (AT1) (\$) <b>4:00 Happy Hour with Harvey Willis (PU)</b> 6:30 Evening Movie (TH)	<b>4</b> 10:00 Fitness Class (AT1) 10:45 USA Trivia! (AT1) <b>1:30 Old Fashioned Fun &amp; Games (AT1)</b> 2:00 Billiards (3rd Fl.) 6:30 Poker (PU) 7:00 Evening Movie (TH) Independence Day	<b>5</b> 10:00 Zumba with Tina (AT1) <b>10:30 Town Hall Meeting (TH)</b> 1:00 St. Christopher's Epis. Ch. Communion & Service (AT1) 2:00 Craft Class: Tile Art (AT2) 4:00 Happy Hour with Bob (PU) 6:30 Mexican Train (AT1) 6:30 Jackson Mem. Baptist-Service & Communion (AT2)	<b>6</b> 10:00 Hand & Foot (PU) 10:00 Sittercise with Anisa (AT1) 1:00 Complimentary Manicures (AT1) 3:00 Quarters BINGO (\$) (AT1) 7:00 Evening Movie (TH)	<b>7</b> 10:00 Chair Yoga DVD (AT1) 2:00 Table Tennis (AT1) 6:30 Mexican Train (AT1)
<b>8</b> 10:30 Church of the (AT1) Resurrection Catholic Service & Communion 11:00 Gospel Singing Group (AT2) 2:00 Baptist Church (AT2) Service and Communion with Rev. Terry Taylor 7:00 Evening Movie (TH)	<b>9</b> 10:00 Mahjongg (PU) 10:00 Sittercise with Lisa (AT1) <b>10:45 Grocery Run: Walmart (\$)</b> 1:00 Trivia Challenge (AT2) 2:00 Quarters BINGO (\$) (AT1) 3:00 Left, Right, Center (AT1) 7:00 Evening Movie (TH)	<b>10</b> 10:00 Ball & Band Fitness (AT1) 11:00 Current Events Discussion (L) 2:00 Welcome Committee Mtg. (AT1) <b>4:00 Happy Hour with Steve Daley (PU)</b> 6:30 Bible Study with David Hoy (AT1)	<b>11</b> 10:00 Fitness Class (AT1) <b>11:00 JULIETS OUTING (\$) Freemason Abbey</b> 2:00 Billiards (3rd Fl.) 3:00 Balance with Genesis (AT1) 6:30 Poker (PU) 7:00 Evening Movie (TH)	<b>12</b> 10:00 Zumba with Tina (AT1) 2:00 Craft Class: Jewelry Making (AT2) 4:00 Happy Hour with Bob (PU) 6:30 Mexican Train (AT1) <b>6:30 OUTING: Tidewater Winds Free Concert @ Willett Hall</b>	<b>13</b> 10:00 Hand & Foot (PU) 10:00 Sittercise with Anisa (AT1) <b>11:00 Keeping It Clean with Oral Hygiene-Genesis (Lobby)</b> 1:00 Complimentary Manicures (AT1) <b>1:45 Dental Health for Seniors with Dr. Bowman (AT2)</b> 3:00 Quarters BINGO (\$) (AT2) 7:00 Evening Movie (TH)	<b>14</b> 10:00 Chair Yoga DVD (AT1) 2:00 Table Tennis (AT1) <b>2:00 Opera: Andrea Bocelli: "Under The Desert Sky" (TH)</b> 6:30 Mexican Train (AT1)
<b>15</b> 10:30 Church of the (AT1) Resurrection Catholic Service & Communion 6:30 New Creation Methodist Church Service (AT2) 7:00 Evening Movie (TH)	<b>16</b> 10:00 Mahjongg (PU) 10:00 Sittercise with Anisa (AT1) <b>10:45 Grocery Run: Harris Teeter (\$)</b> 1:00 Trivia (AT2) 2:00 Quarters BINGO (\$) (AT1) 3:00 Left, Right, Center (AT1) 7:00 Evening Movie (TH)	<b>17</b> 10:00 Ball & Band Fitness (AT1) 11:00 Current Events Discussion (L) 1:30 Card Making with Linda (AT1) (\$) <b>4:00 Happy Hour with Barbara Blair (PU)</b> 6:30 Bible Study with David Hoy(AT1)	<b>18</b> 10:00 Fitness Class (AT1) <b>11:00 ROMEO'S OUTING (\$) Rodman's BBQ</b> 3:30 Act. Planning Committee (L) 6:30 Poker (PU) 7:00 Evening Movie (TH)	<b>19</b> <b>IGC Jewelers-10-4 (PU)</b> 10:00 Zumba with Tina (AT1) 11:00 Word Games (AT1) 11:00 Building & Grounds. Committee Mtg. PU 2:00 Dining Committee Mtg. (PU) 2:00 Craft Class: Picture Frame Jewelry Organizer (AT2) <b>4:00 Happy Hour with Chuck Moebus! (PU)</b> 6:30 Mexican Train (AT1)	<b>20</b> <b>1:00 – 3:30 Free Hearing Screenings with Connect Hearing (4<sup>th</sup> fl. Conf. Rm.)</b> 10:00 Hand & Foot (PU) 10:00 Sittercise with Anisa (AT1) 1:00 Complimentary (AT1) Manicures 3:00 Quarters BINGO (\$) (AT1) 7:00 Evening Movie (TH)	<b>21</b> 10:00 Chair Yoga DVD (AT1) 2:00 Table Tennis (AT1) 6:30 Mexican Train (AT2)
<b>22</b> 10:30 Church of the (AT1) Resurrection Catholic Service & Communion 3:00 Bible Study with Rev. Kenny Matthews (AT1) 7:00 Evening Movie (TH)	<b>23</b> 10:00 Mahjongg (PU) 10:00 Sittercise (AT1) <b>10:45 Grocery Run: Harris Teeter (\$)</b> 1:00 Trivia Challenge (AT2) 2:00 Quarters BINGO (\$) (AT1) 3:00 Left, Right, Center (AT1) 7:00 Evening Movie	<b>24</b> 10:00 Ball & Band Fitness (AT1) 11:00 Current Events Discussion(L) 1:30 Piano with Carol (AT2) 4:00 Happy Hour & Recorded Music (PU) <b>6:30 Music Party with James Curry! (PU)</b>	<b>25</b> 10:00 Fitness Class (AT1) 11:00 St. John's Epis. Ch. (AT2) <b>1:00 OUTING: Mariner's Museum (\$ 1.00)</b> 2:00 Billiards (3rd Fl.) 3:00 Balance with Genesis (AT1) <b>3:00 Resident Birthday Social &amp; Root Beer Floats! (PU)</b> 6:30 Poker (PU) 7:00 Evening Movie (TH)	<b>26</b> 10:00 Zumba with Tina (AT1) 11:00 Word Games(AT1) <b>2:00 Piano Music &amp; Sing Along (AT2)</b> 4:00 Happy Hour with Bob! (PU) 6:30 Mexican Train (AT1)	<b>27</b> 10:00 Hand & Foot (PU) 10:00 Sittercise (AT1) 1:00 Complimentary (AT1) Manicures 3:00 Quarters BINGO (\$) (AT1) 7:00 Evening Movie (TH)	<b>28</b> 10:00 Chair Yoga DVD (AT1) 2:00 Table Tennis (AT1) 6:30 Mexican Train (AT1)
<b>29</b> 10:30 Church of the (AT1) Resurrection Catholic Service & Communion 7:00 Evening Movie (TH)	<b>30</b> 10:00 Mahjongg (PU) 10:00 Sittercise with Anisa (AT1) <b>10:45 Grocery Run: Harris Teeter (\$)</b> 1:00 Trivia Challenge (AT2) 2:00 Quarters BINGO (\$) (AT1) 3:00 Left, Right, Center (AT1) 7:00 Evening Movie	<b>31</b> 10:00 Ball & Band Fitness (AT1) 11:00 Current Events Discussion (L) <b>4:00 Happy Hour with Eddie Sal (PU)</b> 6:30 Bible Study with David Hoy (AT1)	 <p><b>July 2018</b> Independent Living</p>			