

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

September 2018

Independent Living Activities

							1 10:00 Chair Yoga DVD (AT1) 11:00 Billiards (P) 2:00 Table Tennis (AT1) 6:30 Mexican Train Dominoes (AT1)
2 10:30 Church of the Resurrection Catholic Service & Communion (AT1) 3:30 Methodist Church Service & Communion (AT2) 4:00 Resident Led Card Games/Wii Sports (AT1) 7:00 Evening Movie (TH)	3 10:00 Mahjongg Club (PU) 10:00 Sittercise with Anisa (AT1) 10:45 Shopping Outing to Walmart (ML) \$ 1:00 Trivia Challenge (AT2) 2:00 Quarters Bingo (AT1) 3:00 Left, Right, Center (AT1) 7:00 Evening Movie & Popcorn (TH) <small>Labor Day</small>	4 Wear Your Name Tag Day! 10:00 Ball & Band Fitness (AT1) 11:00 Current Events Discussion (L) 1:30 Cards with Linda (AT1) 3:00 Movie Matinee & Popcorn (TH) "Field of Dreams" 4:00 Happy Hour with Bob (PU) 6:30 Bible Study w/ David Hoy(AT1)	5 11:00 N2FITNESS with Elizabeth (AT1) 10:45 Outing to Lynnhaven Mall & Lunch at Maggie McFly's (ML) \$ 2:00 Billiards (3BH) 3:00 Balance with Genesis Afternoon Exercise (AT1) 6:30 Poker Club (PU) 7:00 Evening Movie (TH)	6 10:00 Zumba with Tina (AT1) 10:30 Town Hall Meeting (TH) 1-2 Shop: Mobile Market (B) 1:00 St. Christopher's Episc (AT1) 2:00 Craft Class: Wreath Making Embellish CandleHldrs(AT2) 4:00 Happy Hour with Steve Daley (PU) 6:30 Jackson Memorial (AT2) 6:30 Mexican Train Dominoes(AT1)	7 10:00 Hand & Foot Game (PU) 10:00 Sittercise with Anisa (AT1) 1:00 Complimentary Manicures (AT1) 3:00 Quarters Bingo (AT1) 7:00 Evening Movie & Popcorn (TH)	8 10:00 AM Exercise: TAI CHI DVD (AT1) 11:00 Billiards (3BH) 2:00 Table Tennis (AT1) 6:30 Mexican Train Dominoes (AT1)	
9 10:30 Church of the Resurrection Catholic Service & Communion (AT1) 2:00 Baptist Church Service with Terry Taylor (AT2) 4:00 Resident Led Word Puzzles/Brain Games (AT1) 7:00 Evening Movie (TH) <small>Grandparents Day</small>	10 10:00 Mahjongg Club (PU) 10:00 Sittercise with Anisa (AT1) 10:45 Shopping Outing to Harris Teeter (ML) \$ 1:00 Name that Tune Trivia (Music) (AT2) 2:00 Quarters Bingo (AT1) 3:00 Left, Right, Center (AT1) 7:00 Evening Movie & Popcorn (TH) <small>Rosh Hashanah</small>	11 Wear Your Name Tag Day! 10:00 Ball & Band Fitness (AT1) 11:00 Current Events Discussion (L) 2:00 Welcome Committee Meeting (AT1) 3:00 Movie Matinee & Popcorn (TH) "Wonder Woman" 4:00 Tastes of Ireland & Happy Hour with Lyle & Linda (PU) 6:30 Bible Study w/ David Hoy(AT1)	12 10:00 11:00 AM Exercise (AT1) 11:00 JULIETS: Outing to Bella Monte (ML) \$ 2:00 Billiards (3BH) 4:30 New! Book Club (L) 6:30 Poker Club (PU) 7:00 Evening Movie (TH)	13 10:00 Zumba with Tina (AT1) 10-2 Shop: Paparazzi Jewelry Showcase with Lorraine (PU) 11:30 New! Walking Group (Gym) 1-2 Shop: Mobile Market (B) 2:00 Craft Class: Great Gatsby Glass & Pearl Centerpieces (AT2) 4:00 Karaoke Cocktail Hour (PU) 6:30 Mexican Train Dominoes(AT1)	14 10:00 Hand & Foot Game (PU) 10:00 Sittercise with Anisa (AT1) 10-2 Isle of Wight County State Fair (ML) \$ (Admission \$1.00) 1:00 Complimentary Manicures (AT1) 3:00 Quarters Bingo (AT1) 7:00 Evening Movie & Popcorn (TH)	15 8:30 Western Tidewater Alzheimer's Walk (ML) 10:00 Chair Yoga DVD (AT1) 11:00 Billiards (3BH) 2:00 Movie Theater: OPERA – (PART 1) "Don Giovanni"(TH) 3:30 Table Tennis (AT1) 6:30 Mexican Train Dominoes (AT1)	
16 10:30 Church of the Resurrection Catholic Service & Communion (AT1) 2:00 Movie Theater: OPERA – (PART 2) "Don Giovanni"(TH) 4:00 Resident Led Card Games/Wii Sports (AT1) 6:30 New Creation Methodist Church Service (AT2) 7:00 Evening Movie (TH)	17 10:00 Mahjongg Club (PU) 10:00 Sittercise with Anisa (AT1) 10:45 Shopping Outing to Target (ML) \$ 1:00 Family Feud Trivia (AT2) 2:00 Quarters Bingo (AT1) 3:00 Left, Right, Center (AT1) 7:00 Evening Movie & Popcorn (TH)	18 Wear Your Name Tag Day! 10:00 Ball & Band Fitness (AT1) 11:00 Current Events Discussion(L) 1:30 Cards with Linda (AT1) 3:00 Movie Matinee & Popcorn (TH) "The Roaring Twenties" 4:00 Happy Hour with Don Davis (PU) 6:30 Bible Study w/ David Hoy(AT1)	19 10:00 AM Exercise (AT1) 11:00 ROMEOS: Outing to Legend Brewing Depot (ML) \$ 1:30 Noodle Swat (AT1) 2:00 Billiards (3BH) 3:00 Balance with Genesis afternoon exercise (AT1) 3:30 Activity Planning Committee (L) 6:30 Poker Club (PU) 7:00 Evening Movie (TH) "The Great Gatsby" Yom Kippur	20 10:00 Zumba with Tina (AT1) 11:00 Building & Grounds Committee Meeting (PU) 11:30 New! Walking Group (Gym) 2:00 Dining Committee Meeting (PU) 5-8 You're Invited! The Great Gatsby Gala with Al Magness Jazz Ensemble (DR)	21 10:00 Hand & Foot Game (PU) 10:00 Sittercise with Anisa (AT1) 11:30 New! Real Flower Arranging (AT1) 1:00 Complimentary Manicures (AT1) 3:00 Quarters Bingo (AT1) 7:00 Evening Movie & Popcorn (TH)	22 10:00 AM Exercise: TAI CHI DVD (AT1) 11:00 Billiards (3BH) 2:00 Table Tennis (AT1) 6:30 Mexican Train Dominoes (AT1) <small>Autumn Begins Oktoberfest Begins</small>	
23 10:30 Church of the Resurrection Catholic Service & Communion (AT1) 1:30 Virginia Symphony (ML) \$ "Pictures at an Exhibition" 4:00 Resident Led Card Puzzles/Brain Games (AT1) 7:00 Evening Movie (TH)	24 10:00 Mahjongg Club (PU) 10:00 Sittercise with Anisa (AT1) 10:45 Shopping Outing to Harris Teeter (ML) \$ 1:00 Trivia Challenge: TV/MOVIES w/ music (AT2) 2:00 Quarters Bingo (AT1) 3:00 Left, Right, Center (AT1) 7:00 Evening Movie & Popcorn (TH) <small>Sukkot</small>	25 Wear Your Name Tag Day! 10:00 Ball & Band Fitness (AT1) 11:00 Current Events Discussion(L) 3:00 Movie Matinee & Popcorn (TH) "The Leisure Seeker" 4:00 Tastes of the Caribbean & Happy Hour with Eddie Sal (PU) 6:30 Bible Study w/ David Hoy(AT1)	26 10:00 Morning Fit with Elizabeth (AT1) 11:00 Outing to Chrysler Museum & Wisteria Cafe (ML) \$ 1:30 Balloon Volleyball (AT1) 2:00 Billiards (3BH) 3:00 Resident Birthday Karaoke Bash & Cocktail Hour (PU) 6:30 Poker Club (PU) 7:00 Evening Movie (TH)	27 10:00 Zumba with Tina (AT1) 10-4 Precious Gem & Metals Buying Event Appraisal Repair Clinic (PU) 10:30 Heart Song Singers Show (AT2) 1-2 Shop: Mobile Market (B) 2:00 Craft Class: Tree of Life Canvas (AT2) 4:00 Happy Hour with Bob (PU) 6:30 Mexican Train Dominoes(AT1)	28 10:00 Hand & Foot Game (PU) 10:00 Sittercise with Anisa (AT1) 11:30 New! Book Club (L) 1:00 Complimentary Manicures (AT1) 3:00 Quarters Bingo (AT1) 7:00 Evening Movie & Popcorn (TH)	29 10-2 CHKD Fall Bazaar Festival (AT1, PU, DR) 4:00 Table Tennis (AT1) 6:30 Mexican Train Dominoes (AT1)	

Location Key & Other Information

AT 1 : Activity Room 1 First Floor
 AT 2 : Activity Room 2 Second Floor
 ML : Main Lobby
 B : Bistro
 G : Gym

L : Library
 TH : Theater
 DR : Dining Room
 \$: Additional Cost

PU : Pub
 CY : Courtyard
 HS : Harmony Square
 3BH : 3RD Floor Billiard Hall

PLEASE CHECK DAILY SHEETS FOR CHANGES/UPDATES.

DON'T MISS THE *Great Gatsby Gala* ON SEPTEMBER 20, 2018 5PM-8PM